## 49<sup>th</sup> Annual Worcester Open Figure Skating Competition April 11 & 12, 2015

Hosted by the Skating Club of Worcester Charles A. Buffone Skating Rink, 284 Lake Ave. Worcester, MA Sanctioned by U.S. Figure Skating

The Worcester Open will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

#### ELIGIBILITY/TEST LEVEL:

**Test level**: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

<u>Entry Fees:</u> Secure Online Registration and credit card payment will be available at: <u>http://comp.entryeeze.com/Home.aspx?cid=404</u> Skater and Coaches schedules will be posted on the web at: <u>http://comp.entryeeze.com/Home.aspx?cid=404</u>Skaters will be able to choose their own practice ice sessions online after the schedule is posted. Additional practice ice will be available for sale online after those that pre-register for their sessions have chosen them.Deadline for Entries: POSTMARKED BY March 7, 2015 or Midnight on March 7, 2015 if entering online

**<u>REFUND POLICY</u>** Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by phone, by calling 508-752-7613 between 7pm and 9pm

**FACILITIES:** The competition will be held at the Charles J Buffone Arena, 284 Lake Ave, Worcester MA, 508-799-0910. The rink measures 185' x 85' with rounded corners. The rink is very cold so family and friends of competitors should dress accordingly.

**<u>MUSIC</u>**: CDs are allowed. Skaters should check their CD to be sure it is audible (proper format), free of scratches/defects, and clearly marked on the program side. CD cases should also be marked with the skater's name. Music must be turned in at the time of registration check-in. **Please bring an extra copy as a back-up.** The music committee will take every precaution to safeguard the music but will not be responsible for music forgotten after the event. <u>Dance events</u>: Music for Solo Dance events will be chosen by the Skating Club of Worcester. Competitors in Mixed Couples and Shadow Dance events must provide his/her own music.

LIABILITY: U.S. Figure Skating, the Skating Club of Worcester and Charles J Buffone Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

<u>JUDGING SYSTEM</u>: The IJS Judging System will be used for Short Programs Intermediate through Senior and Free Skating events at the Juvenile through Senior levels as well as Pairs events. The 6.0 Judging System will be used for Competitive Test Track Free Skate and all other events.

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at <u>www.usfigureskating.org</u>. The deadline to submit the form is March 7, 2015.

The 6.0 Majority Judging System will be used for:

- Well Balanced Program free skate events, pre-preliminary – pre-juvenile and all adult levels

- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- All specialty singles events (spins, jumps, compulsory moves, etc.)
- All solo dance events

**<u>REGISTRATION</u>**: registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the lobby of the rink. Please register promptly upon arrival.

**<u>PRACTICE ICE:</u>** There will be practice ice on Saturday morning (time to be determined). There will be two 25 minute sessions for a cost of \$10 per session.

<u>PHOTOGRAPHY/VIDEOGRAPHY</u>: Jon Cromer from Productions East will be at the competition videotaping all the events.

**AWARDS:** Medals will be given to first, second, third and fourth places.

#### **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: <u>http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf</u>

**<u>CONTACT INFO:</u>** If you have questions, please contact Jean Breidenbach at 508-752-7613 between the hours of 7pm and 9pm or by email at: jeansk8@charter.net

**ADDITIONAL INFORMATION:** Residence Inn by Mariott, 503 Plantation St. Worcester, 508-753-6300 Marriott Courtyard, 72 Grove St., Worcester. 508-363-0300. Other Worcester hotels: Quality Inn, 508-852-2800; Hilton Garden Inn, 508-753-5700

### FREE SKATING EVENTS

### **EVENT**: Introductory Levels Free Skate Program

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Minimum number of spin revolutions is in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:30 +/- 10 sec.	<ul> <li>Max. 5 jump elements:</li> <li>Jumps with no more than one-half rotation (front to back or back to front).</li> <li>Max. 2 jump sequences</li> <li>Max. 2 of any same jump</li> </ul>	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:30 +/- 10 sec.	Max. 5 jump elements: • Jumps with no more than one-half rotation (front to back or back to front including half- loop) • Single rotation jumps:	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating

	<ul> <li>Salchow and toe loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump.</li> </ul>			badge tests
No-Test 1:30 +/- 10 sec.	<ul> <li>Max. 5 jump elements:</li> <li>Up to 2 may be jump combos or sequences</li> <li>Jump combos are limited to 2 jumps</li> <li>Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level)</li> <li>No Axels or double jumps are permitted</li> </ul>	<ul> <li>Max. 2 spins:</li> <li>Spins must be of different character.</li> <li>Each spin much have a Minimum of 3 revolutions.</li> <li>Spins may change feet, position and start with a fly.</li> </ul>	One step sequence that utilizes ½ of the ice surface	

## **EVENT**: Test Track Free Skate

- 4. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 5. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 6. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 7. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- 8. The following deductions will be taken:
  - 0.1 from each mark for each technical element included that is not permitted in the event description.
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications	
Pre-Preliminary 1:30 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>Jumps with not more than one-half rotation (front to back or back to front including half-loop)</li> <li>Single rotation jumps: Salchow, toe loop and loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Jumps with not more than one-half rotation (front to back or back to front including half-loop)</li> <li>Single rotation jumps: Salchow, toe loop and loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same</li> <li>Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>		Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	
Preliminary 1:30 +/- 10 sec. Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump		Maximum of 2 spins: • One spin in one position; no change of foot, no flying entry. (Min. 3	Connecting moves and steps should be demonstrated	Skaters must have passed at least the U.S. Figure Skating pre-	

	combinations or sequences • Max. 2 of any same type jump	<ul> <li>revolutions)</li> <li>One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	throughout the program	preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>Jumps with not more than one rotation (no Axels).</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre- juvenile free skate test
Juvenile (under 14 yrs.) & Open Juvenile (14 yrs. and older) 2:15 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li>Only solo spin may fly</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre- juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec.	<ul> <li>Maximum of 6 jump elements:</li> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	Maximum of 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump	Maximum of 3 spins, of a different nature: • One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 &	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have

	combinations or sequences • Max. 2 of any same type jump	<ul> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li>All spins may fly</li> </ul>	4105 for remarks)	passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	<ul> <li>Maximum of 8 jump elements for men and 7 for ladies:</li> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 3 spins of a different nature:</li> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	<ul> <li>Maximum of 8 jump elements for men and 7 for ladies: <ul> <li>Any single jumps.</li> <li>Must include at least four different double jumps, one must be a double Lutz.</li> <li>Triple jumps are not permitted</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins of a different nature:</li> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

- 9. Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 10. Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary intermediate.
- 11. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 12. Either IJS or the 6.0 judging system may be used for this event.
- 13. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on <u>www.usfigureskating.org</u>, under "Technical Information," then "Singles/Pairs"

Level	Time	Jumps	Spins	Step Sequences
Pre- Preliminary	1:30 +/- 10 sec. Vocal music permitted	<ul> <li>Maximum of 5 jump elements:</li> <li>a) Any single jumps, including Axel, allowed.</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations are limited to 2 jumps.</li> <li>d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)</li> <li>e) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels.</li> <li>f) Double or triple jumps are not allowed.</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>a) Spins must be of a different nature</li> <li>b) Spins may change feet and/or position.</li> <li>c) Spins may start with a fly.</li> <li>d) Min. of 3 revolutions</li> </ul>	One step sequenced that must use ½ of the ice surface.
Preliminary	1:30 +/- 10 sec. Vocal music permitted	<ul> <li>Maximum of 5 jump elements: <ul> <li>a) One must be an Axel or waltz-jump.</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)</li> <li>e) Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop)</li> <li>f) Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences.</li> <li>g) Max. of 2 Axels or any double jump.</li> <li>h) Double flips, double Lutzes, double Axels or triple jumps are not allowed.</li> </ul> </li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>a) Spins must be of a different nature</li> <li>b) Spins may change feet and/or position.</li> <li>c) Spins may start with a fly.</li> <li>d) Min. of 3 revolutions</li> </ul>	One step sequenced that must use ½ of the ice surface.
Pre-Juvenile	2:00 +/- 10 sec. Vocal music permitted	<ul> <li>Maximum of 5 jump elements: <ul> <li>a) One must be an Axel or waltz -jump.</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. (1/2 loop is not considered a single jump at this level.)</li> <li>e) Number of different double jumps is not limited.</li> <li>f) Axel and no more than 3 different double jumps may be repeated as individual jumps, as part of jump combination or jump sequence.</li> <li>g) Maximum of 2 Axels or any double jumps</li> </ul> </li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>a) 1 spin combination; with or without change of foot*, may fly.</li> <li>b) 1 spin with only 1 position*, may fly, no change of foot</li> <li>c) Min. 4 revolutions.; 6 revolutions for combo</li> <li>d) Spins must be of a different nature</li> </ul>	One step sequence fully utilizing ice surface.
Juvenile (under 14 years) & Open Juvenile (14 years or older)	2:15 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double jumps may be repeated (1 each), but only</li> </ul>	Maximum of 2 spins: a) 1 spin combination; with/without change of foot* b) 1 spin with only 1 position; no change of foot* c) Both spins may start with a fly	One choreographic step sequence fully utilizing ice surface.

Intermediate	2:30 +/- 10 sec.	as part of combination or sequence. Max 2 of same double jump. f) No triple jumps Maximum of 6 jump elements: a) 1 must be an Axel-type jump* b) Max 3 jump combinations (combos) or sequences c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted d) Numbor of jumps in jump sequences is part	<ul> <li>d) Min. 5 revolutions; 8 revolutions. for combination</li> <li>e) Min. 2 revolutions in position</li> <li>f) Spins must be of a different nature</li> <li>Maximum of 2 spins: <ul> <li>a) 1 spin combination; w/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> </ul> </li> </ul>	One choreographic step sequence fully utilizing ice surface.
		<ul> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple.</li> </ul>	fly d) Min. 5 revolutions; 8 revolutions. for combo e) Min. 2 revolutions. in position f) Spins must be of a different nature	
Novice Ladies	3:00 +/- 10 sec.	<ul> <li>Maximum of 6 jump elements: <ul> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or seq. Max. 2 same double or triple.</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins:</li> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; w/without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions. for combo</li> <li>f) Min. 2 revolutions. in position</li> <li>g) Spins may change feet and start with a fly, except</li> <li>h) For the flying spin with no change of foot or position</li> </ul>	One leveled step sequence Fully utilizing the ice surface
Novice Men	3:30 +/- 10 sec.	<ul> <li>Maximum of 7 jump elements: <ul> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) One double Axel and two different triple jumps may be repeated.</li> <li>f) If double Axel or triple jumps repeated, must be in combo or sequence.</li> <li>g) No more than two of the same type of double or triple may be attempted.</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins:</li> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; with or without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions for combo</li> <li>f) Min. 2 revolutions in position</li> <li>g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Junior Ladies	3:30 +/- 10 sec.	<ul> <li>Maximum of 7 jump elements:</li> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump</li> </ul>	Maximum of 3 spins: a) 1 flying entry* b) 1 spin combination; with or without change of foot* c) 1 spin with only 1 position *	One leveled step sequence Fully utilizing the ice surface.

Junior Men Senior Ladies	4:00 +/- 10 sec. 4:00 +/- 10 sec.	<ul> <li>combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> <li>Maximum of 8 jump elements: <ul> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> </li> <li>combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> <li>Maximum of 7 jump elements: <ul> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> </li>	<ul> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> <li>Maximum of 3 spins: <ul> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul> </li> <li>Maximum of 3 spins: <ul> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> </ul> </li> </ul>	One leveled step sequence Fully utilizing the ice surface. One leveled step sequence One choreographic sequence Fully utilizing the ice surface
Senior Men	4:30 +/- 10 sec.	<ul> <li>(g) Max. 2 double Axels as sold jump of in combo/sequence</li> <li>Maximum of 8 jump elements: <ul> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins:</li> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence One choreographic sequence Fully utilizing the ice surface

- 14. Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 15. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 16. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 17. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.
- 18. The following deductions will be taken:
  - -0.1 from each mark for each technical element included that is not permitted in the event description.
  - -0.2 from the technical mark for each extra element included.
  - -0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Time	Jumps	Spins	Step Sequences
CHAMPIONSH IP MASTERS JUNIOR/SENI OR & MASTERS JUNIOR & MASTERS SENIOR 3:40 max * means element is required		Max. 7 <ul> <li>1 must be an Axel-type jump*</li> <li>Min. 1*, max. 3 combinations or sequences</li> <li>Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted</li> <li>Number of jumps in sequence is unlimited, but only the two highest-value jumps in a jump sequence will be counted</li> <li>No Axels and multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence</li> </ul>	Max. 3 • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E) • Min. 5 revolutions total if no change of foot • Min. 4 revolutions each foot if change of foot • Min. 2 revolutions in position	Max. 1 To be chosen from: • Choreographic step sequence or • Choreographic sequence Must fully utilize the ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
CHAMPIONSH IP MASTERS INTERMEDIAT E/NOVICE & MASTERS INTERMEDIAT E & MASTERS NOVICE 3:10 max * means element is required		<ul> <li>Max. 6</li> <li>1 must be an Axel-type jump*</li> <li>Min. 1*, max. 3 combinations or sequences</li> <li>Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted</li> <li>Each jump may be repeated only once, and only as part of combination or sequence</li> <li>All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop</li> <li>Only one double-double jump combination or sequence is permitted</li> <li>Double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<ul> <li>Max. 3</li> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 5 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<ul> <li>Max. 1 To be chosen from: <ul> <li>Choreographic step sequence or</li> <li>Choreographic sequence</li> </ul> </li> <li>Must fully utilize the ice surface</li> <li>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li></ul>
CHAMPIONSH IP GOLD & ADULT GOLD 2:40 max * means element is required		<ul> <li>Max. 5</li> <li>Min. 1*, max. 3 combinations or sequences</li> <li>Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted</li> <li>Each jump may be repeated only once, and only as part of combination or sequence</li> <li>All single jumps, including an Axel-type jump, are permitted, as are the following double jumps: double toe loop, double Salchow.</li> <li>No double-double jump combinations or</li> </ul>	<ul> <li>Max. 3</li> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 4 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	Max. 1 To be chosen from: • Choreographic step sequence or • Choreographic sequence Must fully utilize the ice surface

	<ul> <li>sequences are permitted</li> <li>Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>		Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT SILVER 2:10 max * means element is required	<ul> <li>Max. 5</li> <li>Min. 1*, max. 2 combinations or sequences</li> <li>One combination/sequence may consist of three jumps, and <u>the other</u> may have only two jumps</li> <li>Additional jump sequences which contain non-listed jumps of not more than one revolution (i.e. mazurkas, half-loops, etc.) performed as part of connecting footwork preceding single jumps are permitted</li> <li>Each jump may be repeated only once, and only as part of combination or sequence</li> <li>All single jumps are permitted, including an Axel-type jump.</li> <li>No double or triple jumps are permitted</li> </ul>	<ul> <li>Max. <u>2</u></li> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 3 revolutions total if no change of foot</li> <li>Min. 3 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	Max. 1 To be chosen from: • Step sequence or • Spiral sequence (any pattern) Must use at least ½ ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT BRONZE 1:50 max * means element is required	<ul> <li>Max. 4</li> <li>Min. 1*, max. 2 combinations or sequences;</li> <li>One combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>Each jump may be repeated only once, and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>All single jumps are permitted (except Axel)</li> <li>No Axel, double or triple jumps are permitted</li> </ul>	Max. 2 • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E) • Min. 3 revolutions total if no change of foot • Min. 3 revolutions each foot if change of foot • Min. 2 revolutions in position • No flying spins are permitted	Max. 1 To be chosen from: • Step sequence or • Spiral sequence (any pattern) Must use at least ½ ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT PRE BRONZE 1:40 max * means element is required	<ul> <li>Max. 4</li> <li>Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included</li> <li>One jump combination/sequence may consist of three jumps, and the other may have only two jumps.</li> <li>Each jump may be repeated only once and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>Only single and half-revolution jumps are allowed</li> <li>No Lutz, Axel or double jumps are allowed</li> </ul>	Max. 2 <ul> <li>Min. 3 revolutions</li> <li>No flying spins are permitted</li> </ul>	Max. 1 • Connecting steps throughout the program are required

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

A. Intermediate short program – Rule 4230 B. Novice short program – Rule 4220 C. Junior short program – Rule 4210 D. Senior short program – Rule 4200

## **EVENT:** Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on  $\frac{1}{2}$  ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than their free skate program

Level	Time	Skating rules/standards
		1. Waltzjump
Beginner	1:15 max.	2. ½ jump of choice
		3. Forward two-foot or one-foot spin, minimum three revolutions
		(free leg position optional)
		4. Forward or backward spiral
		1. Toe loop jump
High	1:15 max.	2. Salchow jump
Beginner		3. Forward scratch spin - minimum three revolutions
		4. Forward or backward spiral
		1. Loop jump
No-Test	1:15 max.	2. Jump combination to include a toe loop (may not use a loop
		or Axel)
		3. Solo spin - sit or camel spin - minimum three revolutions
		4. Spiral sequence, must include a forward and backward spiral.
		Additional spirals and balance moves may be included.

- 19. Basic Skills Juvenile: Elements skated on  $\frac{1}{2}$  ice
- 20. Intermediate Senior: Elements skated on full-ice
- 21. Elements may be performed only once
- 22. Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:00 max.	<ol> <li>Single flip</li> <li>Jump combination: single/single (no Axel)</li> <li>Sit spin or camel spin - minimum three revolutions</li> <li>Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>
Preliminary	1:00 max.	<ol> <li>Single Lutz</li> <li>Jump combination: single/single (may include Axel)</li> <li>Back upright spin - minimum three revolutions</li> <li>Forward inside spiral</li> </ol>
Pre – Juvenile	1:15 max.	<ol> <li>Single jump (may include Axel)</li> <li>Jump combination: single/single (may include Axel)</li> <li>Layback spin or camel spin - minimum three revolutions</li> <li>Step sequence - circular</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol> <li>Single Axel</li> <li>Jump combination: single/single or double/single</li> <li>Layback spin or camel spin - minimum three revolutions</li> <li>Step sequence - circular</li> </ol>
Intermediate	1:30 max.	<ol> <li>Double Salchow or double toe loop</li> <li>Jump combination: single/single or double/single</li> <li>Flying spin, minimum five revolutions</li> <li>Step sequence – straight line</li> </ol>
Novice	1:30 max.	<ol> <li>Double loop</li> <li>Jump combination: double/single or double/double</li> <li>Flying spin - minimum five revolutions</li> <li>Step sequence - straight line</li> </ol>
Junior	1:30 max.	<ol> <li>Double flip</li> <li>Jump combination: double/double or triple/double</li> <li>Combination spin - minimum 10 revolutions</li> <li>Step sequence - straight line</li> </ol>
Senior	1:30 max.	<ol> <li>Double Lutz</li> <li>Jump combination: double/double or triple/double</li> <li>Combination spin - minimum 10 revolutions</li> <li>Step sequence - straight line</li> </ol>

## **EVENT**: Adult Compulsory Moves

- 23. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- 24. All events are skated on  $\frac{1}{2}$  ice.
- 25. Minimum number of revolutions are noted in parentheses.

Level	Time	Elements		
		1. Forward crossovers (Min. 5 consecutive)		
Adult Beginner	1:15	2. Waltz jump		
		3. Two foot upright spin		
		4. Forward spiral (any edge)		
	1:15	1. Backward crossovers (Min. 5 consecutive)		
Adult Pre-Bronze		2. Waltz jump		
		3. Forward upright spin (Min. 3 revolutions)		
		4. Forward outside spiral		
		1. Single Salchow		
		2. Waltz jump – toe loop combination jump		

Adult Bronze 1:15		3. Sit spin (Min. 3 revolutions)
		<ol><li>Spiral sequence (Min. 2 spirals)</li></ol>
		1. Single loop
Adult Silver	1:30	2. Single/single jump combination
		3. Sit spin (Min. 3 revolutions)
		4. Straight line step sequence
		1. Single Lutz or Axel
Adult Gold	1:30	2. Single/single or single/double jump combination
	1.00	3. Camel spin (Min. 4 revolutions)
		4. Straight line step sequence
		1. Axel, double Salchow , double toe loop or double loop
Masters	2:00	2. Jump combination (double/double, single/double or
Intermediate/Novice	2.00	double/single) that may include double Salchow , double toe
		loop or double loop and any single jump including Axel
		3. Solo spin of skater's choice (Min. 6 revolutions)
		4. Straight line step sequence
		1. Choice of any double jump
Masters Junior/Senior	2:00	2. Jump combination that may include any double jump
		3. Solo spin of skater's choice (Min. 8 revolutions)
		4. Straight line step sequence

## **EVENT**: Jumps Challenge

- 26. Each jump may be attempted twice; the best attempt will be counted.
- Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
   Jumps with an "\*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards		
Beginner	1:15 max.	<ol> <li>Waltz jump (from backward crossovers)</li> <li>½ flip or ½ Lutz</li> <li>Single Salchow</li> </ol>		
High Beginner	1:15 max.	<ol> <li>Waltz jump (from backward crossovers)</li> <li>Single Salchow</li> <li>Jump combination – waltz jump-toe loop</li> </ol>		
No-Test	1:15 max.	<ol> <li>Single toe loop</li> <li>Single loop</li> <li>Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ol>		
Pre – Preliminary	1:15 max.	<ol> <li>Single toe loop</li> <li>Single flip</li> <li>Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ol>		
Preliminary	1:15 max.	<ol> <li>Single flip</li> <li>Single Lutz</li> <li>Jump combination – Any single jump + single loop (may be Axel)</li> </ol>		
Pre – Juvenile	1:15 max.	<ol> <li>Single Axel</li> <li>Single or double jump</li> <li>Jump combination – single/single (no Axel)</li> </ol>		
Juvenile & Open Juv.	1:15 max.	<ol> <li>Single Axel</li> <li>Double Salchow</li> <li>Jump combination – single/single or double/single (no Axel)</li> </ol>		
Intermediate	1:15 max.	<ol> <li>Single Axel</li> <li>Double loop*</li> <li>Jump combination – double/single (no Axel)</li> </ol>		
Novice	1:15 max.	<ol> <li>Double loop</li> <li>Double flip*</li> <li>Jump combination – double/double (may be double Axel)</li> </ol>		
		<ol> <li>Choice of double or triple jump</li> <li>Double or triple flip*</li> </ol>		

Junior	1:15 max.	7. Jump combination – double/double (may be double Axel)
Senior	1:15 max.	<ol> <li>Choice of double or triple jump</li> <li>Double or triple Lutz*</li> <li>Jump combination – double/double or triple/double (may be double Axel)</li> </ol>

## EVENT: Adult Jumps Challenge

- 29. Each jump may be attempted twice; the best attempt will be counted.
- 30. Adult silver and lower will be skated 1/2 ice; adult gold masters junior/senior will be skated on full ice
- 31. Jumps with an "\*" must be preceded with connecting steps (intermediate senior)

Level	Time	Elements	
Adult Beginner	1:00	1. Bunny Hop 2. Mazurka or ballet jump	
Adult Pre-Bronze	1;00	<ol> <li>Waltz or toe loop jump</li> <li>½ flip, ½ Lutz or ½ loop</li> </ol>	
Adult Bronze	1:00	<ol> <li>Single Salchow</li> <li>Single toe loop</li> <li>Any single jump + single toe loop combination (No Axels allowed)</li> </ol>	
Adult Silver	1:15	<ol> <li>Single flip</li> <li>Single loop</li> <li>Single/single combination (Axel is permitted)</li> </ol>	
Adult Gold	1:15	<ol> <li>Single Axel</li> <li>Single Lutz</li> <li>Single/single or single/double jump combination (may include any single jump, double toe loop or double Salchow)</li> </ol>	
Masters Intermediate/Novice	1:30	<ol> <li>Axel</li> <li>Double Salchow , double toe loop or double loop</li> <li>Jump combination (double/double, single/double or double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel</li> </ol>	
Masters Junior/Senior	1:30	<ol> <li>Double loop or double flip</li> <li>Double Lutz</li> <li>Jump combination that may include any double jump</li> </ol>	

- 32. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- 33. All events are skated on  $\frac{1}{2}$  ice.
- 34. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ol>
High Beginner	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ol>
No-Test	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ol>
Pre – Preliminary	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ol>
Preliminary	1:30 max.	<ul><li>8. Backward upright spin (3)</li><li>9. Combination spin with no of foot (4)</li><li>10. Sit spin (3)</li></ul>
Pre – Juvenile	1:30 max.	<ol> <li>Camel spin (3)</li> <li>Combination spin – camel to sit spin; no change of foot (6)</li> <li>Forward to backward scratch spin (3 per foot)</li> </ol>
Juvenile & Open Juv.	1:30 max.	<ol> <li>8. Sit spin (4)</li> <li>9. Combination spin – change of foot; optional change of position (4 per foot)</li> <li>10. Girls – layback spin (4); Boys – camel spin (4)</li> </ol>
Intermediate	1:30 max.	<ol> <li>Flying camel spin (5)</li> <li>Sit spin to backward sit spin (4 per foot)</li> <li>10. Combination spin – change of foot &amp; change of position (4 per foot)</li> </ol>
Novice	1:30 max.	<ol> <li>Choice of camel, sit or layback spin (6)</li> <li>Camel spin to backward camel spin (4 per foot in position)</li> <li>Combination spin – change of foot &amp; two changes of position (2 per position &amp; 5 per foot)</li> </ol>
Junior	1:30 max.	<ol> <li>Flying sit spin or flying reverse sit spin (6)</li> <li>Ladies – layback spin (6); men – cross-foot spin (6)</li> <li>Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>
Senior	1:30 max.	<ul> <li>8. Flying spin of choice (6)</li> <li>9. Solo spin of choice (6) – may not fly</li> <li>10. Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ul>

- 35. Each jump may be attempted twice; the best attempt will be counted.
  36. Pre-juvenile and lower will be skated ½ ice; juvenile senior will be skated on full ice
  37. Jumps with an "\*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards		
Adult Beginner	1:15	1. Pivot 2. Two-foot upright spin (2)		
Adult Pre-Bronze	1:15	<ol> <li>One-foot upright spin (3)</li> <li>Two-foot upright spin (3)</li> </ol>		
Adult Bronze	1:00	<ol> <li>One-foot upright spin (4)</li> <li>One-foot back spin (3)</li> <li>Sit spin (3)</li> </ol>		
Adult Silver	1:30	<ol> <li>Camel spin (3)</li> <li>Layback, sideways leaning or sit spin (4)</li> <li>Combination spin with at least one change of position, no change of foot (3 in each position)</li> </ol>		
Adult Gold	1:30	<ol> <li>Solo spin, no change of foot (4)</li> <li>Second solo spin, different from the first; change of foot optional (4)</li> <li>Combination spin with only one change of foot and at least one change of position (4 each foot)</li> </ol>		
Masters Intermediate/Novice	1:30	<ol> <li>Solo spin of skater's choice (Min. 6 revolutions)</li> <li>Second solo spin, different from the first; change of foot optional (4) May have a flying entry</li> <li>Combination spin that may have more than one change of foot and at least one change of position (4 each foot)</li> </ol>		
Masters Junior/Senior	1:30	<ol> <li>Solo spin of skater's choice (Min. 8 revolutions)</li> <li>Solo spin with a flying entry</li> <li>Combination spin that may have more than one change of foot and at least one change of position (4 each foot). May have a flying entry</li> </ol>		

Events will consist of free skate programs only. The IJS Judging System will be used for all events other than Similar Pairs.

Pre-Juvenile	Pre-Juvenile Pairs Test	2:00 minutes +/- 10 s	ec.
Juvenile	Juvenile Pairs Test	2:30 minutes +/- 10 s	sec.
Intermediate	Intermediate Pairs Test	3:00 minutes +/- 10 s	sec.
Novice	Novice Pairs Test	3:30 minutes +/- 10 s	sec.
Junior	Junior Pairs Test	4:00 minutes +/- 10 s	sec.
Senior	Senior Pairs Test	4:30 minutes +/- 10 s	sec.
Adult Pairs	(will be subdivided by level if	f numbers permit)	2:10 to 3:40 minutes
Similar Pairs A	None to Pre-Juvenile Free S	kating Test	2:00 minutes max.
Similar Pairs B	Juvenile to Senior Free Skat	ing Test	3:00 minutes max.

### ADULT DANCE EVENTS

Competitors in Mixed Couples and Shadow Dance events are expected to provide music of his/her choice. Music for Solo Dance events will be chosen by the Skating Club of Worcester. In Solo Dance if number of entries warrant, males and females may compete together. **The 6.0** Judging System will be used for all events.

MIXED COUPLES	Dequirements for 1 Dertror	Dances (as per Rule Book)
A dult Masters Onen	Requirements for 1 Partner           At least 1Pre-Gold	Westminster Weltz (2 Detterne)
Adult Masters Open	At least IPre-Gold	Westminster Waltz (3 Patterns)
		Rhumba (3 Patterns)
Adult Championship	At least one Pre-Silver	Killian (4 Patterns)
		Westminster (3 Patterns)
Adult Gold	At least Pre-Gold Test	Paso Doble (3 Patterns)
		Westminster (3 Patterns)
Adult Pre-Gold	Not more than 3 Gold	Kilian (3 Patterns)
		Rocker Foxtrot (3 Patterns
Adult Silver	Not more than 3 Pre-Gold	European Waltz (3 Patterns)
		Rocker Foxtrot (3 Patterns)
Adult Pre-Silver	Not more than 2 Silver	Willow Waltz (3 Patterns)
		Foxtrot (3 Patterns)
Adult Bronze	Not more than 2 Pre-Silver	Cha Cha (3 Patterns)
		Ten Fox (3 Patterns)
Adult Pre-Bronze	Not more than 2 Bronze	Dutch Waltz (3 Patterns
		Cha Cha (3 Patterns)
SOLO DANCE	Requirements	Dances (as per Rule Book)
Adult Gold	At least Pre-Gold Test	Westminster Waltz (2 Patterns)
		Killian (2 Patterns)
Adult Pre Gold	Not more than 3 Gold	Starlight Waltz (2 Patterns)
		Rocker Foxtot (2 Patterns)
Adult Silver	Not more than 3 PreGold	Tango (3 Patterns)
		Fox Trot (3 Patterns)
Adult Pre Silver	Not more than 2 Silver	European Waltz (2 Patterns)
		Ten Fox (2 Patterns
Adult Bronze	Not more than 2 Pre Silver	Fiesta Tango (2 Patterns)
		Ten Fox (2 Patterns)

#### **EVENT**: Showcase Event

#### **SHOWCASE**

Skaters must compete at their <u>current</u> free skating test level in this event. Showcase is a form of skating in which the skater will be judged on the overall performance. Showcase numbers are

considered entertainment. Competitors will be judged on the following categories: technical merit, costume, music interpretation, choreography, and audience appeal. Costumes are encouraged but not mandatory. **Only hand-held props may be used. No props may be placed on the ice.** Music will be of the skater's choice and may be vocal. If number of entries warrant, ladies and men may compete together. The 6.0 Judging System will be used for all events. Competitors who place 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> and 4<sup>th</sup> will be invited to compete at the national Showcase competition held each August.

Time limits (+/- 10 seconds applies) for showcase are as follows: Limited beginner, beginner, no test, pre-preliminary: 1:30 max Preliminary and pre-juvenile: 1:40 max Juvenile thru novice: 2:10 max Junior and senior: 2:40 max Teen and Young adult: 2:10 max Adult Pre-Bronze: 1:40 max Adult Bronze, Silver, Gold and Masters: 1:40 max

#### TEAM COMPULSORY MOVES

Five Compulsory moves will be required of each team. The moves required will be the same as those listed by level in the Individual Compulsory Moves Event in this announcement. Each team will consist of 3 to 5 skaters with no skater executing more than two moves. The event will be judged on a team basis only. A Team may consist of any combination of males and females. A club may enter up to three teams in each division, designating each team with a different team name. The home club of the majority of the team members determines the home club entering the team. Eligibility rules of the corresponding free skate test level apply to all team compulsory events. Skaters may compete in any level at or above their current free skate test level but not below. A skater may not compete for more than one team.

The team event application is separate from all other event forms. Kindly submit one entry form per team.

## 49<sup>th</sup> Annual WORCESTER OPEN FIGURE SKATING COMPETITION April 11 & 12, 2015

NAME	BIRTH DATE M [	] F 🗌
ADDRESS		
TELEPHONE ( )	Email (for confirmation by email):	
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HIGHEST TES HOME CLUB*		deadline) MOVES USFSA #					
*If USFSA Individual Member, enclose photocopy of current membership card COACH COACH'S SIGNATURE*							
COACH 'S TE	COACH 'S TELEPHONE () *Required -certifies entry is correct*						
<u>CIRCLE even</u> Additional Eve	ts entered: E ent \$40.00 Additiona		ent - \$75.00; 1 <sup>st</sup> IJS Ev )	ents \$85.00			
Well-Balanced Free Skate	<u>Short</u> Program	<u>Competitive</u> Test Track	<u>Compulsory</u> Event	<u>Adult Ice</u> Dance	<u>Showcase</u>		
The Skale	riogram	<u>1651 1140K</u>	Lvent	Dance			
Pre-Preliminary FS Pre-Juvenile FS Juvenile FS Intermediate FS Novice FS Junior FS Senior FS Adult Pre-Bronze FS Adult Bronze FS Adult Silver FS Adult Gold FS Adult Masters Intermed & Novice FS Adult Masers Junior & Senior FS	IntermediateSP Novice SP Junior SP Senior SP	Introductoy Level FS Prog. Beginner High Beginner No Test Pre-Preliminary Pre-Juvenile Juvenile Intermediate Novice Junior Senior	Introductory Levels Beginner High Beginner No Test <u>Compulsory Moves</u> Pre-Preliminary Preliminary Pre-Juvenile Juvenile Intermediate Novice Junior Senior Adult Beginner Adult Beginner Adult PreBronze Adult Bronze ICM Adult Silver ICM Adult Gold ICM Adult Masters Intermed/Novice Adult Masters Junior/Senior	Bronze Pre-Silver Silver Pre-Gold Gold Preliminary Pre Bronze Bronze Pre-Silver Silver Pre-Gold Gold	Pre-Prelim SHW Preliminary SHW Pre-Juvenile SHW Juvenile SHW Intermediate SHW Novice SHW Junior SHW Senior SHW Adult Pre-Bronze SHW Adult Pronze SHW Adult Bronze SHW Adult Gold SHW Adult Masters SHW		
Compulsory Spin Event – Fee \$30       BeginnerHigh BeginnerNo TestPre-Preliminary         PreliminaryPre-JuvenileJuvenileIntermediateNovice         JuniorSeniorAdult BeginnerAdult Pre-Bronze [Adult Bronze         Adult SilverAdult GoldMasters Intermed/NoviceMasters					eNovice Adult Bronze		
PairsLevel:Partner's Name:Attach partner's form. Fee for pair: \$60Similar Pairs APartner's Name:Attach partner's form. Fee for pair: \$60							

Similar Pairs B Partner's Name:\_\_\_\_\_\_ Attach partner's form. Fee for pair: \$60 CERTIFICATE OF ELIGIBILITY: I approve the entry of this skater and certify that he/she is a member in good standing of my club. The club designated is his/her home club.

Club Officer's Signature \_\_\_\_\_\_ Title\_\_\_\_\_ Date\_\_\_\_\_ Applications must be postmarked by <u>March 7, 2015</u>. Late entries will be accepted only at the discretion of the committee, and will be charged a late fee of \$25. No refunds will be granted after the deadline except for events cancelled by SC of Worcester (rule #3047). Please submit a separate check for each event. Address all entries to: 2015 Worcester Open \*Checks payable to: <u>Skating Club of Worcester</u>\* c/o Jean Breidenbach 99 Waterford Dr Worcester MA 01602 48th ANNUAL WORCESTER OPEN

FIGURE SKATING COMPETITION

April 11 & 12, 2015

Please Print Clearly

### TEAM COMPULSORY MOVES ENTRY FORM

#### CHECK LEVEL FOR TEAM ENTRY:

<ul> <li>Beginner</li> <li>Pre-Preliminary</li> <li>Preliminary</li> <li>PreJuvenile</li> </ul>	<ul> <li>Juvenile</li> <li>Intermediate</li> <li>Novice</li> </ul>	<ul> <li>Adult Pre-Bronze</li> <li>Adult Bronze</li> <li>Adult Silver</li> </ul>	<ul> <li>Adult Gold</li> <li>Adult Masters</li> </ul>
TEAM NAME	SKATING C	CLUB:	
ADDRESS PHONE ()			
COACH COACHES SIGNATU COACH 'S PHONE (		* <b>Requir</b> EMAIL:	ed -certifies entry is correct*

Team Member Name	USFSA #	Highest FS Test Passed as of entry deadline	
1.			
2.			
3.			
4.			
5.			

Applications must be postmarked by <u>March 7, 2015</u>. Late entries will be accepted only at the discretion of the committee, and will be charged a late fee of \$25. Fees for team events are \$60 per team. No refunds will be granted after the deadline except for events cancelled by SC of Worcester (rule #3047). THE

COMMITTEE RESERVES THE RIGHT TO LIMIT THE NUMBER OF ENTRIES PER LEVEL AND TO COMBINE OR DIVIDE GROUPS AS NECESSARY. THE COMMITTEE MAY ELIMINATE EVENTS DUE TO INSUFFICIENT ENTRIES OR LIMITATIONS ON THE AVAILABILITY OF ICE TIME.

Please submit a separate application and check for each event entered.

Address all entries to: 2015 Worcester Open\*Checks payable to: Skating Club of Worcester \* c/o Jean Breidenbach 99 Waterford Dr Worcester, MA 01602

49<sup>th</sup> ANNUAL WORCESTER OPEN FIGURE SKATING COMPETITION April 11 & 12, 2015 ADULT DANCE EVENTS

### ENTRY FORM

# **Please Print Clearly**

	BIRTH		M <i>_</i> _ F <i>_</i> _
TELEPHONE ()	ion by email):		
HIGHEST TEST PASSED HOME CLUB* *If USFSA Inc	(as of deadline) DANCE	USFSA # by of current membersh	ip card
COACH COACH 'S TELEPHONE (	COACH'S SIGNATURE* ()	*Required -certifies	entry is correct*
CERTIFICATE OF ELIGIBIL	SOLO DANCE	ater and certify that he/	she is a member
Club Officer's Signature	Title	Dat	te
committee, and will be charged additional event \$30 per couple individual entry form; both skate deadline except for events ca	ed by <u>March 7, 2015</u> . Late entries wil a late fee of \$25. <u>Dance entry fees al</u> <u>Solo-\$40 first event, \$25 each addit</u> ers' entries must be mailed together. I <b>incelled by SC of Worcester (rule #</b> to <b>THE SKATING CLUB OF WORCE</b> 2015 Worcester Open *Check c/o Jean Breidenbach 99 Waterford Dr	re as follows: Couples-\$6 tional event. Each partner <b>No refunds will be grant</b> <b>3047).</b> Please submit a se	<u>o per couple, each</u> must submit an <b>ed after the</b> parate <b>Club of</b>

49<sup>th</sup> ANNUAL WORCESTER OPEN FIGURE SKATING COMPETITION April 11 & 12, 2015 Jumps Challenge

#### **ENTRY FORM**

## **Please Print Clearly**

NAME	BIRTH DATE	M F		
ADDRESS				
TELEPHONE ()				
Email address (for confirmation by email):				
HIGHEST TEST PASSED (as of deadline	ne) DANCE			
HOME CLUB*				
	er, enclose photocopy of current membersh	in card		
n eer sa manadal membe	a, enclose photocopy of current membersh	ip calu		
COACHCOACH'S	SIGNATURE*			
COACH 'S TELEPHONE ()		entrv is correct*		
		•		
🗌 Beginner	🗌 Adult Beginner			
🗍 High Beginner	🗌 Adult Pre-Bronze			
🗌 No- Test	🗌 Adult Bronze			
Pre-Preliminary	🗌 Adult Silver			
Preliminary	🗌 Adult Silver			
🗌 Pre-Juvenile	Adult Gold			
Juvenile	Adult Masters Intermediate/Novice			
T Intermediate	Adult Masters Junior/Senior			
Novice	—			
Junior				
Senior				
CERTIFICATE OF ELIGIBILITY: I approve	the entry of this skater and certify that he/s	she is a member		
in good standing of my club. The club designated is his/her home club.				
, i i i i i i i i i i i i i i i i i i i	<b>~</b>			

Club Officer's Signature \_\_\_\_\_\_ Title\_\_\_\_\_ Date

Applications must be postmarked by March 7, 2015. Late entries will be accepted only at the discretion of the committee, and will be charged a late fee of \$25. Jumps challenge entry fee is: \$30. No refunds will be granted after the deadline except for events cancelled by SC of Worcester (rule #3047). Please submit a separate Check for each event, payable to THE SKATING CLUB OF WORCESTER.

Address all entries to. 2015 Worcester Open c/o Jean Breidenbach 99 Waterford Dr Worcester, MA 01602

\*Checks payable to: Skating Club of Worcester \*